South Ogden City Sound

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July 2013

Council Corner "Very Special Thanks"

By Mayor James F. Minister

We have just completed another wonderful, very successful South Ogden Days. As always, it turned out to be a lot of fun and a great event. Each year I have tried to express how great our South Ogden Days (Summer Starts Here!), event is and how it has grown. Back in July 2003 a young lady by the name of Christy McBride was hired to fill the position of Special Events Coordinator. That first year being new, she did a great job, and as the years have passed, South Ogden Days has become a great event and one that is next to none in our area.

After ten years Christy is leaving us to take another job. She will be missed. Christy has led the way to having great South Ogden City events each year. Our Family Holiday in the 40th Street Park each year is another program that I have grown to enjoy. Our school children singing Christmas songs, the hot chocolate and chili, and the lighting of the Christmas tree have added to the holiday season.

Christy has worked hard in carrying out the Easter Egg Hunt at Friendship Park each spring with 20,000 Easter eggs and a large number of South Ogden's young people enjoying that special holiday. This is another event that has always been very special.

Christy has been instrumental with our South Ogden Business Alliance and the very informative monthly meetings. One of her special accomplishments has been the contest to repaint our water tanks and what a great success this program was! The Paint the Tanks project is one special event that will be remembered for years to come.

Christy has done a great job. There is also large group of South Ogden City employees and a wonderful group of volunteers, families, and special groups that help to make each event a success. There are many great South Ogden residents and employees of our local businesses that come out make these programs a great success.

We have hired another great young lady to take Christy's place. Her name is Jill Barker and she is going to be great. I am looking forward to working closely with Jill in this new adventure. Christy, thank you so very much for the job you have done for our community, we wish you the greatest success in all that you do.

Child and Babysitting Safety Program

The South Ogden Police Department will be sponsoring a Child and Babysitting Safety program for youth, ages 11-15. This course will provide students with in-depth information from deciding if babysitting is right for you and how to entertain and properly supervise children of all ages. Other topics include safety, feeding, how to handle emergencies, basic first aid, CPR and the Heimlich maneuver. Part of the curriculum includes training on safety practices when caring for children and first aid procedures which are endorsed by the American Academy of Pediatrics. Upon completion, students will receive completion cards which are nationally recognized, along with their own babysitting tote bag and handbook. The class is offered free of charge, and will be held Tuesday, August 6 and Wednesday August 7, 10:00 a.m. to noon. Students must attend both days to receive their certificates. To register, please contact Cindee Paulsen at (801)622-2804, or email at cpaulsen@southogdencity.com. There are only 25 slots available per class.

Another Great South Ogden Days

This June, we as a community, once again gathered to celebrate South Ogden Days! The weeks events brought something for everyone! South Ogden Days 2013 included an Amazing Adventure Race, a 3 on 3 Basketball Tournament, 5K/Kids K/1 Mile Walk, Movie in the Park, Car Show, Carnival, Golf Tournament, Vendors, Food, Concerts, Entertainment and all out fun! We would like to thank the many local sponsors whose donations made this event possible. In addition, we would like to extend our appreciation to the nearly 17,000 community members who came and supported the events this year. We hope to see you all again next vear!

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Senior Center News

580 39th Street, South Ogden, UT 84403 801-393-9539

Monday through Wednesday 10:00 a.m. to 3:00 p.m. Thursday 9:00 a.m. to 4:00 p.m. Friday—9:00 a.m. to 2:00 p.m.

July 2013

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Monday	Tuesday	Wednesday	Thursday	Friday
Pats Feet—10 a.m. Bridgett's Hair— 11:30 a.m. Lunch—11:30 a.m. Cordon Bleu Oil Painting—1 p.m. Quilt Tying All Day	16 Lunch—11:30 a.m. Turkey Sandwich Ceramics—1 p.m.	Lunch—11:30 a.m. Chicken Fried Steak Bingo—12:30 p.m. Ceramics—1 p.m.	Tai Chi—9 a.m. Lunch—11:30 a.m. Roast Pork Ceramics—12 p.m. Beginning Computer Class—1 p.m.	19 Lunch—11:30 a.m. Breaded Fish Family History Computer Class— 12:30 p.m.
Pats Feet—10 a.m. Lunch—11:30 a.m. Pork Chop Oil Painting—1 p.m. Quilt Tying All Day	Lunch—11:30 a.m. Baked Tilapia Ceramics—1 p.m.	Pioneer Day Center Closed	Tai Chi—9 a.m. Lunch—11:30 a.m. Ham Loaf Ceramics—12 p.m. Beginning Computer Class 1 p.m. **Respite—1 p.m.	Lunch—11:30 a.m. Baked Chicken Family History Computer Class— 12:30 p.m.
29 Pats Feet—10 a.m. Lunch—11:30 a.m. Roast Turkey Oil Painting—1 p.m. Quilt Tying All Day	30 Lunch—11:30 a.m. BBQ Beef Patty Ceramics—1 p.m.	31 Lunch—11:30 a.m. Chicken Divan Bingo—12:30 p.m. Ceramics—1 p.m.		

August 2013

			1 Tai Chi—9 a.m. Lunch—11;30 a.m. Spaghetti Ceramics—12 p.m.	Lunch—11:30 a.m. Sweet & Sour Pork Family History Computer Class— 12:30 p.m.
5 Pats Feet—10 a.m. Lunch—11:30 a.m. Beef Patties Oil Painting—1 p.m. Quilt Tying All Day	6 Lunch—11:30 a.m. BBQ Chicken Ceramics—1 p.m.	7 Lunch—11:30 a.m. Swedish Meatballs Bingo—12:30 p.m. Ceramics—1 p.m.	8 Tai Chi—9 a.m. Lunch—11:30 a.m. Turkey Ceramics—12 p.m. **Respite—1 p.m.	9 Lunch—11:30 a.m. Roast Beef Family History Computer Class— 12:30 p.m.
Pats Feet—10 a.m. Lunch—11:30 a.m. Swiss Steak Oil Painting—1 p.m. Quilt Tying All Day	13 Lunch—11:30 a.m. Pork Chow Mien Ceramics—1 p.m.	Lunch—11:30 a.m. Chicken Strips Bingo—12:30 p.m. Ceramics—1 p.m.	15 Tai Chi—9 a.m. Lunch—11:30 a.m. Fish-n-Chips Ceramics—12 p.m.	

^{**}Respite is a group that comes to the Center and cares for loved ones. Caregivers may drop off loved ones at specified times while running errands or just a simple break. All kinds of activities are planned for loved ones.

Urban Forestry Vacant Seats

The City's Urban Forestry Commission is taking applications for two vacant commission seats. The commission meets on the second Thursday of every month at 6:30 p.m. Applicants must reside within the city. If interested, please submit a letter of interest and resume to Mayor Minster at 3950 Adams Avenue South Ogden City, UT 84403.

Welcome To South Ogden City

Fresh Start Carpet Cleaning

Carpet Cleaning Business 1812 E 5625 S #C 801-804-1013

Gamma West Cancer Services

Medical Business Office 930 Chambers St Suite 5 801-475-6532

Hearing Life USA, Inc

Hearing Assessments and Sales 5974 Fashion Point Dr Suite 140 801-475-5535

Knockout Cleaning Services

Cleaning Services 831 Ridgeview Dr 801-759-8367

Lashed

Eyelash Extension Studio 1479 E 5600 S B101 801-589-0357

Melinda C. Barker, LMFT

Mental Health Therapist 1464 Ridgeline Dr 801-819-4452

Pura Vida Photography

Photographer 3755 Washington Bvld Suite 4 801-389-2949

Ridge View Dental Associates

Dental Office 6017 Fashion Point Dr 801-475-5515

Rocky Mountain Health and Wellness Center

Alternative Health Care 1893 Skyline Dr Suite 110-E 801-871-9355

Rosso Bello

Salon, Spa, Boutique 3929 Wall Ave Suite 1 801-688-1902

Thomas W. Newbery

Author, Writer 997 E 5100 S 801-589-5544

Annual Hydrant Flushing to Begin

Every year the public works department flushes and checks all hydrants in the city to ensure hydrants have proper pressure and work properly. Flushing will be during the month of July. Below are a few question and answers that may be helpful during the flushing.

Why is the water pressure low? Your water pressure may be low due to the flushing of fire hydrants, which lowers the water pressure in the area that is being tested.

Why is my water discolored? Due to the fire hydrant flushing, customers could experience a temporary discoloration of water, which is due to the unsettling of rust in the water main. Run the **cold** water for about five minutes— this should clear up the water.

My clothes have been discolored from the rust, what should I do? You should clean them with a rust remover, such as "Iron Out" or "Yellow Out" which are available at most home improvement stores. To avoid this, run water prior to doing laundry or avoid doing laundry if the hydrants on your street is being flushed.

Is the water safe to drink? Yes. If the water would be unsafe for any reason to drink, a boil alert would be issued. Before drinking the water, let the cold water run until it is clear.

If you have any questions, please call the Public Works Department at 801-622-2900.

South Ogden Business Alliance

South Ogden area businesses interested in networking with others are invited to attend a free luncheon held the first Wednesday of each month at noon. Meetings are held at Old City Hall, 560 39th Street. Please go to www.southogdencity.com and click on the "Business Alliance" link for current meeting topics.

Fire Department Message Heat Exhaustion

vs. Heat Stroke

Heat exhaustion is characterized by profuse sweating, loss of color, muscle cramps, fatigue, fainting and dizziness. If untreated heat exhaustion may lead to Heat Stroke.

Heat stroke is very dangerous and is considered a "True Emergency". Without intervention it will lead to serious injury or death.

Symptoms: Body temperature over 103 degrees Fahrenheit, sweating has stopped and the skin is dry and hot to the touch, rapid heart rate, confusion, and eventually unconsciousness.

Treatment: If you see someone affected with either heat exhaustion or heat stroke, get them out of the sun immediately and cool them with water and fans.

In the case of hot dry skin, get them into cool or cold water, if possible, i.e., a stream, lake, cold bath, etc.

Effects: Heat stroke can cause organ damage, brain damage and even death if not treated quickly.

Prevention: You can help prevent heat illness by consciously making an effort to drink plenty of water, wear sunscreen and avoiding strenuous activities on hot days.

Warning: Those most susceptible to heat-related conditions are seniors and young children.

South Ogden Animal Shelter News

For animal complaints (such as stray dogs, animal bites, barking dogs) please call Weber Dispatch at 801-629-8221 so an officer can be dispatched. For general questions or information, to find out if we have your dog or cat at the shelter or to ask about adopting an animal or volunteering, please call the shelter phone at 801-622-2949. You may need to leave a message on that phone and wait for a call back, so if you need an officer to respond please be sure to call the dispatch center phone number.

Also, the South Ogden Animal Shelter has been invited to an adoption event. It will be on Saturday, July 13, at the Riverdale Harley Davidson dealership. For more information, please contact the animal services at 801-622-2949.

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City Calendar

July 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	15	16 City Council 6:00 p.m.	17	18	19	20
	"A" Recycle Week					
21	22	23	24	25	26	27
			Pioneer Day			
			City Offices Closed			
"B" Recycle Week						
28	29	30	31			
"A" Recycle Week						

August 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				"A" Recycle Week		
4	5	6 City Council 6:00 p.m.	7 Business Alliance Old City Hall—Noon	8 Planning Commission 6:00 p.m.	9	10
"B" Recycle Week				Urban Forestry 6:30 p.m.		
11	12	13	14	15		
"A" Recycle Week						

South Ogden City Directory

Mayor/Council Members	<u>!</u>	City Hall		Senior Center	
Mayor Minster	801-622-2701	City Manager, Matt Dixon	801-622-2702	580 39th Street	801-393-9539
Councilmember Strate	801-660-9432	General Info./Justice Court	801-622-2700	Public Works	
Councilmember Smith	801-479-7375	Utility Billing	801-622-2706	General Information	801-622-2901
Councilmember Orr	801-479-7558	Special Events	801-622-2705	After Hours	801-629-8221
Councilmember Porter	001 450 5016	D 11: C 6.		Dl	
Councilmember Forter	801-479-7216	Public Safety		$\underline{\text{Parks}}$	
Councilmember Forter Councilmember Benard	801-479-7216 801-792-2232	General Information	801-622-2800	Bowery Reservations	801-622-2700
	801-792-2232	<u></u>	801-622-2800 801-622-2949		801-622-2700
Councilmember Benard	801-792-2232	General Information		Bowery Reservations	801-622-2700 801-622-8538